

Mastery Motivation

The condition of experiencing moderate uncertainty about our ability to succeed is a crucial component to understanding mastery motivation.

"If we perceive no uncertainty as to whether a goal can be attained or a problem can be solved, then there is nothing to master – it has already been mastered. Similarly, if there is no uncertainty because we believe that the goal cannot be attained, then we will not be motivated to attain the goal or engage with the problem." - McCall (1995)

Use the following outline with your child (the apprentice) during a Guided Engagement to help create productive uncertainty.



ENGAGE WITH A NEW SITUATION

ENCOURAGE, DON'T INSTRUCT

GIVE TIME TO PROCESS, DON'T PROMPT

HELP WITH SKILLS

SHARE YOUR EXPERIENCES BY USING
DECLARATIVE LANGUAGE

SPOTLIGHT

ENCODE