# RDI TRUTHS AND MYTHS

Exploring common misconceptions about the RDIconnect Model

# **MYTH 1: THE AGE MYTH**

#### The truth is: RDI is for EVERYONE

We have worked with people of all ages and the best way to make RDI work for you and your family is to find a consultant that works with the age range you are looking for. We have consultants that specialize in adults, teens or children so it is never too late to start!

# **MYTH 2: ALL ABOUT ACTIVITIES**

#### The truth is: RDI is about GUIDING

RDI® is implemented (because it is really a parenting style) through activities that you do with your kids but it is not the activity that matters, it is the Guiding Relationship that matters. It is about empowering parents and giving all kids the opportunity to live their best life!

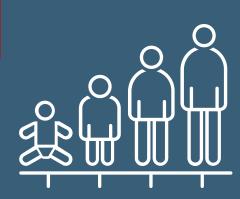
# **MYTH 3: RDI AND TALKING**

#### The truth is: RDI is for EVERYONE

There is a lot of talk in the RDI Model about communication which is where this myth comes from. Especially when you look at the focus we place on learning to communicate with non-verbal







### MYTH 4: RDI IS ALL NONVERBAL COMMUNICATION

#### The truth is: RDI is about COMMUNICATION

Communication is part of our guiding of parents and their children but it is just a part of what we look at. Communication takes place in many channels. The truth is that we emphasize NON VERBAL communication as a way to cut down on the clutter and noise to help out kids learn true communication, rather than just talking all the time.

# **MYTH 5: RDI AND TIME**

#### The truth is: Guiding TAKES TIME

Some say that RDI takes too much time and others that it doesn't take much time at all. The truth is that guiding our children takes time. The time question is answered by asking yourself the following question: How much time were you planning on spending with your child originally. After all, spending time and hanging out is just part of the parenting gig!

